FREE MORNING MENU

Starter Mini Pack



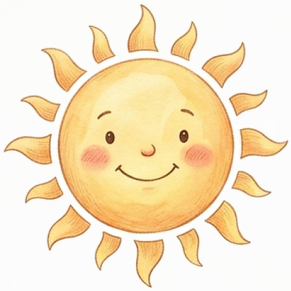
FREE 6-PAGE STARTER PACK • AGES 3–7 • 300 DPI PRINTABLE

STARTER 1

Today's Mini Perpetual Weather & Season Check-In

Circle with a dry-erase marker or match the starter tiles from Page 4!

TODAY'S SKY & SEASON



Sunny



Rainy



Snowy



Rainbow

Today's Day & Month: _____

WRITE OR PLACE STARTER WEATHER TILES

Today's Weather



Write or Place Page 4 Tile

What I Wear Today



Write or Place Page 4 Tile

MORNING OBSERVATION NOTES

1. Outdoor Temperature Feel: _____

2. Clouds & Wind Today: _____

3. Fun Plan After Breakfast: _____



ASK ME!

What does the sky look like outside our window right now?



MARKER TIP

Slip into a clear sleeve and use a black dry-erase marker every morning!

STARTER 2

My 6-Step Morning Routine Check-In Mat

Check off with a dry-erase marker as you finish each morning habit!

STEP 1



Make My Cozy Bed

Pull up blanket & fluff pillow

Done!

Check Off!

Time: _____

STEP 2



Brush Sparkle Teeth

Top & bottom for 2 minutes

Done!

Check Off!

Time: _____

STEP 3



Get Dressed Myself

Pick weather-smart clothes

Done!

Check Off!

Time: _____

STEP 4



Eat Healthy Breakfast

Fuel body & sip cool water

Done!

Check Off!

Time: _____

STEP 5



Share Heart Check-In

Point to how I feel today

Done!

Check Off!

Time: _____

STEP 6



Open Morning Basket

Ready to explore & read!

Done!

Check Off!

Time: _____



ASK ME!

Which morning job would you like to finish first all by yourself?



SELF-CHECK

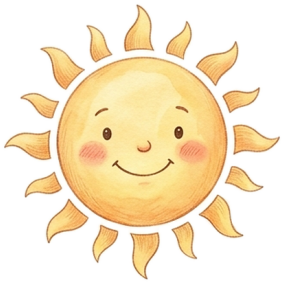
Kids build confidence when visual steps stay in one cozy spot!

STARTER TILES

Freebie Jumbo Weather, Outfit & Star Cut-Out Tiles

Print this single page at 100% scale if you want hands-on tiles!

WEATHER



Sunny Sky

WEATHER



Rainy Sky

WEATHER



Snowy Sky

OUTFIT



Raincoat

OUTFIT



Warm Hat

OUTFIT



Sun Hat

STAR 1



I Did It!

STAR 2



All Done!

STAR 3



Super Job!

SCISSOR & CARE

Rounded dashed rectangles protect little fingers • Attach hook-and-loop dots for daily swap play

STARTER 3

Morning Basket Talk & Life-Skills Prompts

Zero-prep 1-minute connection prompts right at the breakfast table!

MORNING SPARK

Sunny Gratitude Share



Name 2 cozy things that made you smile since waking up today!

HANDS-ON ACTIVITY

Point around the room, act it out, or jot 1 note!

Child Said: _____

Grown-ups share 1 short answer first to model.

WEATHER WATCH

Cloud Shape Detective



Peek out the window: are clouds fluffy white, flat grey, or hiding?

HANDS-ON ACTIVITY

Point around the room, act it out, or jot 1 note!

Child Said: _____

Ask if today's clouds hold rain or sunshine.

LIFE SKILLS

Dress for Real Weather



Check our Weather Wheel and choose 1 smart layer before going out!

HANDS-ON ACTIVITY

Point around the room, act it out, or jot 1 note!

Child Said: _____

Builds independent morning dressing confidence.

HEALTHY BODY

Sparkle Tooth Rhythm



Hum a happy tune while brushing top teeth and bottom teeth gently!

HANDS-ON ACTIVITY

Point around the room, act it out, or jot 1 note!

Child Said: _____

Count 10 gentle circles on each side.



ZERO PREP

Read 1 prompt aloud while eating oatmeal or toast!



UNNUMBERED

The full 200-page bundle includes 5 complete printable books!

MONTESSORI MILESTONE AWARD

MORNING STARTER EXPLORER

This official explorer certificate is proudly presented to:

_____

For joyful daily weather & morning routine habits!





Date: _____ **Grown-Up:** _____

